

Alternativ behandling – det  
adventistiske helsebudskapet i  
praksis eller den ondes listige  
inngangsdør til sinnet?

Vinjar Fønnebø

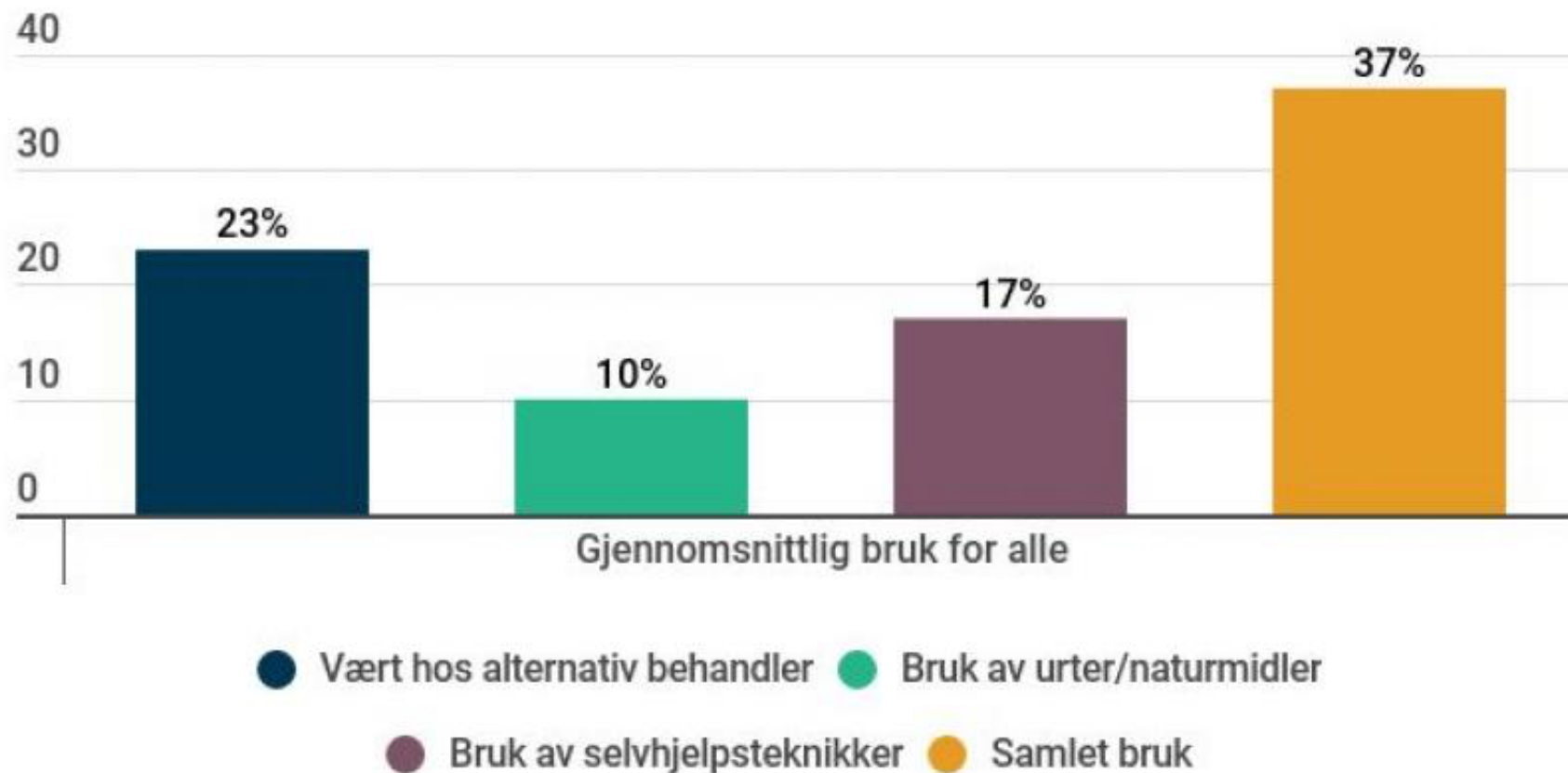
# Hva er alternativ behandling?

- Lov om alternativ behandling av sykdom mv.:
  - «Med alternativ behandling menes helserelatert behandling som utøves utenfor helse- og omsorgstjenesten, og som ikke utøves av autorisert helsepersonell. Behandling som utøves i helse- og omsorgstjenesten eller av autorisert helsepersonell, omfattes likevel av begrepet alternativ behandling når det brukes metoder som i all vesentlighet anvendes utenfor helse- og omsorgstjenesten.»

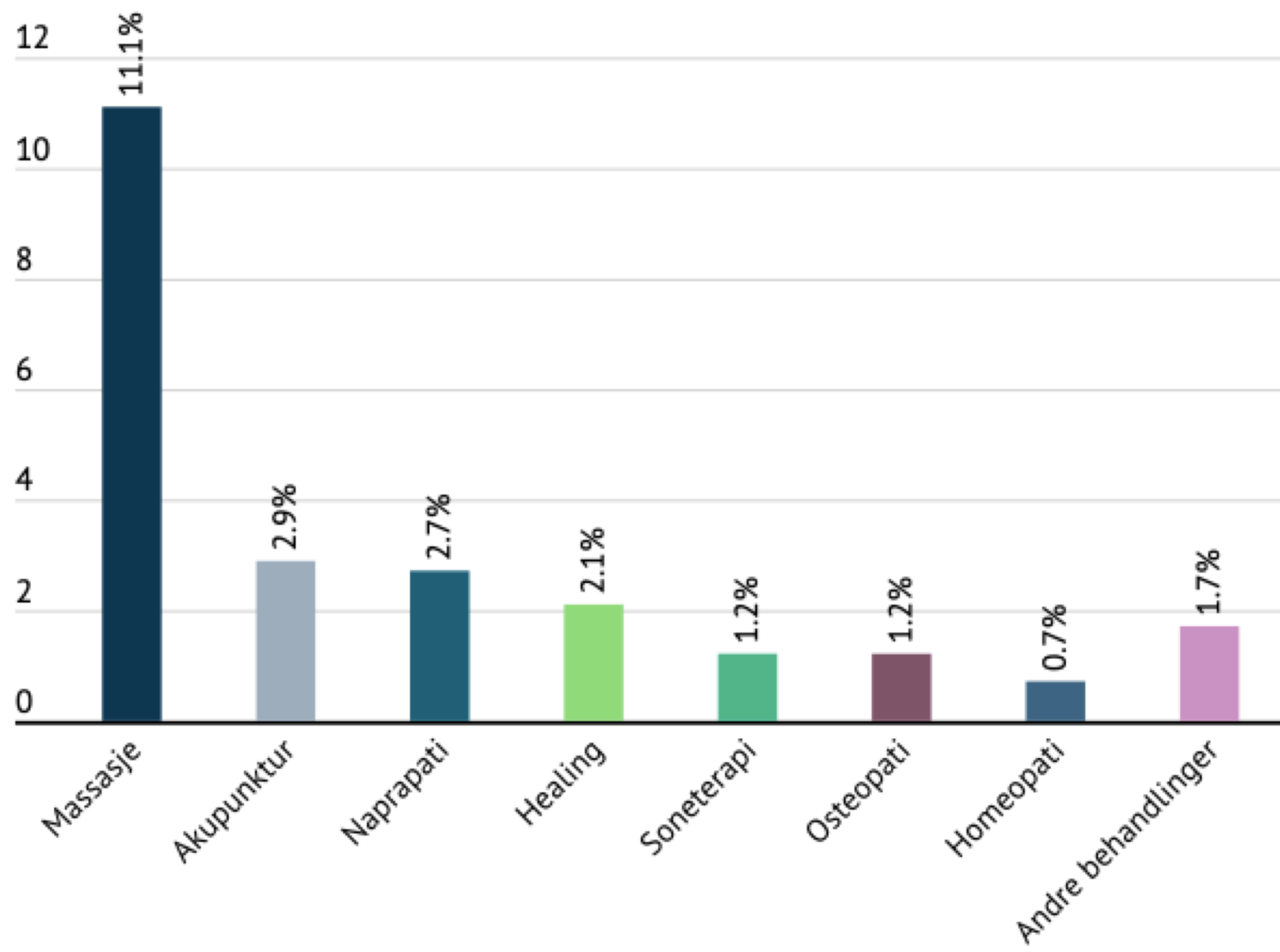
# Første spørsmål:

- Hva kjennetegner alternativ behandling? – Avklar dette i grupper på tre.
- Underliggende behandlingsprinsipper:
  - Først, gjør ingen skade (*primum non nocere*)
  - Naturens helende kraft (*vis medicatrix naturae*)
  - Behandle årsaken (*tolle causam*)
  - Behandle hele personen (*tolle totum*)
  - Legen som lærer (*docere*)
  - Forebygge sykdom og fremme helse
  - Velvære

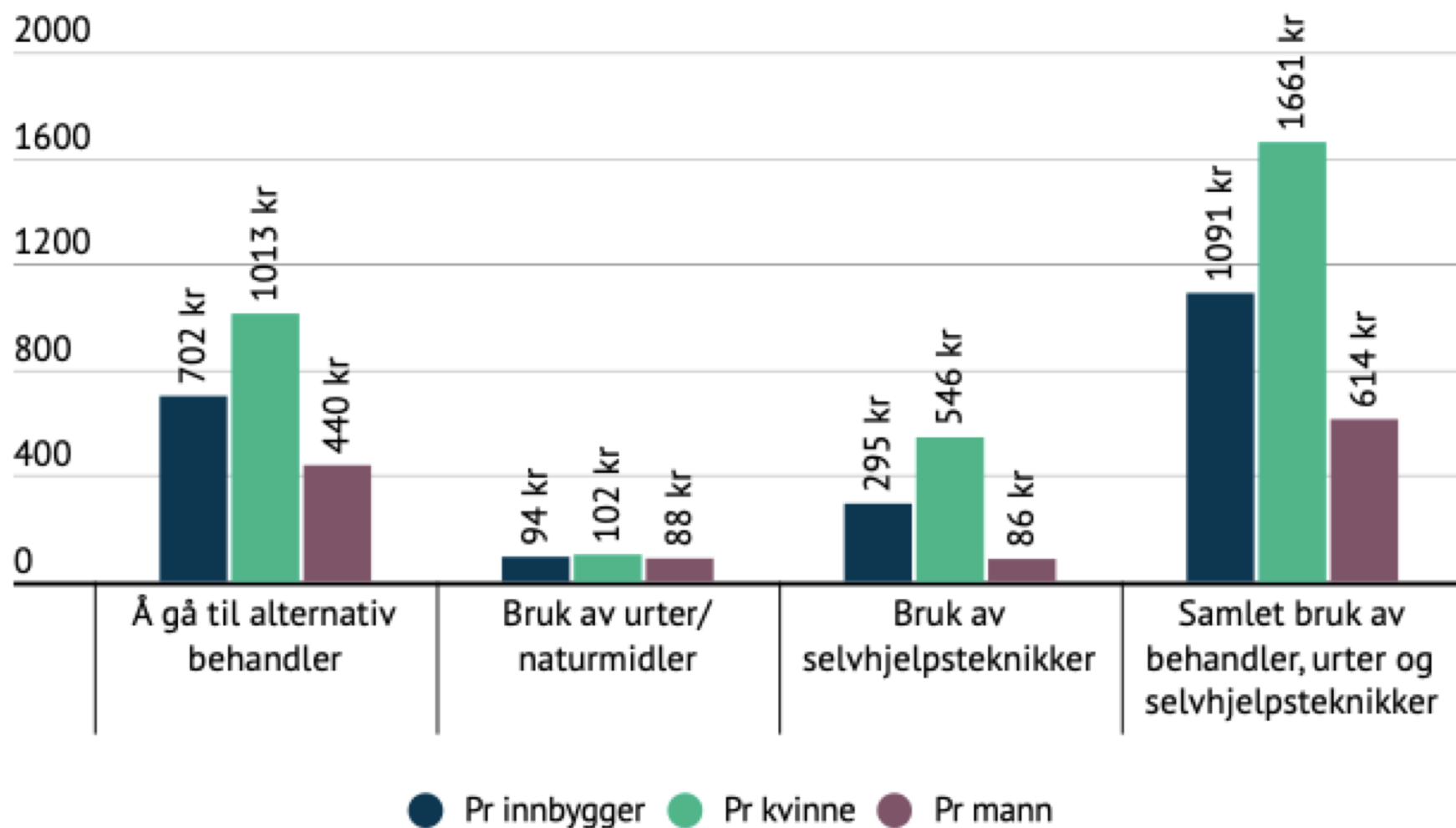
# Bruk av alternativ behandling i Norge 2018



## Disse alternative behandlingsformene brukte nordmenn i 2018:



Grafene under viser forskjellene i pengebruk på alternativ behandling mellom kvinner og menn, og forskjellen i bruk av penger på ulike typer alternativ behandling



## Table 6 CAM modalities offered in 2008 and 2013

From: [Use of complementary and alternative medicine within Norwegian hospitals](#)

	2008	2013	<i>p</i> -value
	n (%)	n (%)	
Acupuncture	41 (41.4)	22 (37.3)	0.608*
Art- and expression therapy	4 (4.0)	15 (25.4)	0.000*
Massage	8 (8.1)	9 (15.3)	0.159*
Alternative diet	7 (7.1)	5 (8.5)	0.763**
Psychotherapy (not psychologist services)	1 (1.0)	3 (5.1)	0.147**
Other	7 (7.1)	16 (27.1)	0.010*
No CAM offered	49 (49.5)	21 (35.6)	0.089*

\*Pearson Chi-Square test, \*\*Fisher's Exact Test

# Andre spørsmål:

- Hva kjennetegner det adventistiske helsebudskapet? – Avklar dette i grupper på tre.
- Ellen G. White (1905). Dette er de sanne behandlinger (remedies):
  - Luft
  - Solskinn
  - Avhold
  - Hvile
  - Aktivitet
  - Sunn mat
  - Vann
  - Tillit



# Satt sammen

- Først, gjør ingen skade (*primum non nocere*)
  - Naturens helende kraft (*vis medicatrix naturae*)
  - Behandle årsaken (*tolle causam*)
  - Behandle hele personen (*tolle personam*)
  - Legen som gjør ingen skade (*primum non nocere*)
  - Forebygge sykdom og fremme helse
  - Velvære
- Luft
  - Solskinne
  - Aktivitet
  - Sunn mat
  - Vann
  - Tillit

Hvilken plass har skolemedisin?

Hvilken holdning har Syvendedags Adventistkirken  
til alternativ behandling?

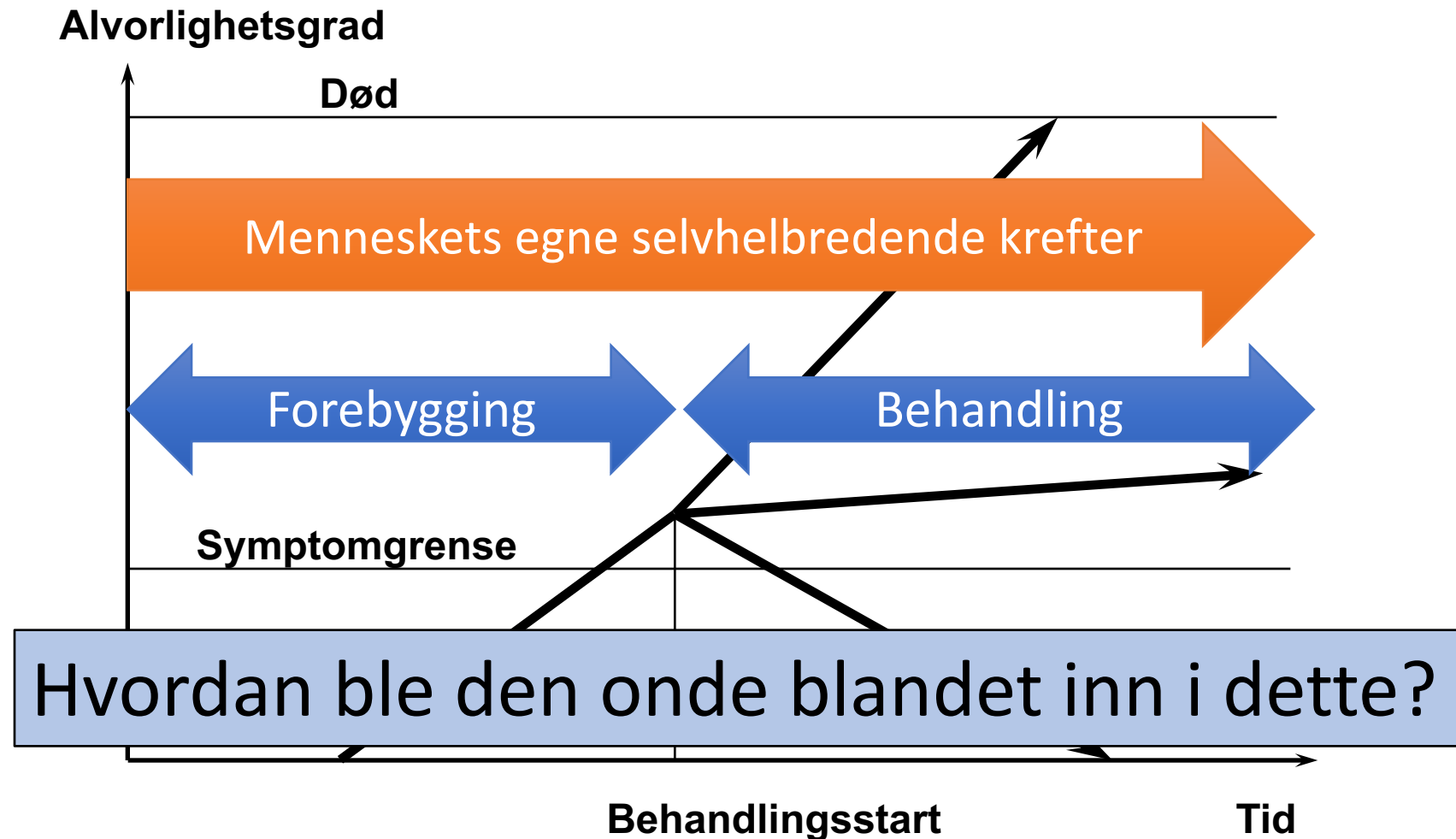
Dr.            God has given you favor with the medical fraternity, and he would have you hold that favor. But in no case are you to stand as do the physicians of the world to exalt allopathy above every other practice, and call all other methods quackery and error; for from the beginning to the present time the results of allopathy have made a most objectionable showing. There has been loss of life in your sanitarium because drugs have been administered, and these give no chance for nature to do her work of restoration. Drug medication has broken up the power of the human machinery, and the patients have died. Others have carried the drugs away with them, making less effective the simple remedies nature uses to restore the system. The students in your institution [Battle Creek Sanitarium] are not to be educated to regard drugs as a necessity. They are to be educated to leave drugs alone. 16MR 288.2

EG White, 1899

As Adventist Christians, Handysides explains, the body is viewed as a created organism that works under chemical and physical laws and is predictable, rather than magical. “When you start talking about electrical energy, magnetic energy, [immeasurable] energies, you’re getting to the realm of magical thinking. New Age has in it this element of magical thinking. It gets people propounding therapeutic regimes that are not based on science, but are based on ideas, theories, hypotheses, that are not measurable or subject to analysis. If we get into that sphere of thinking, then our health message becomes totally irrational.”

Handysides 2005

# Behandling av sykdom

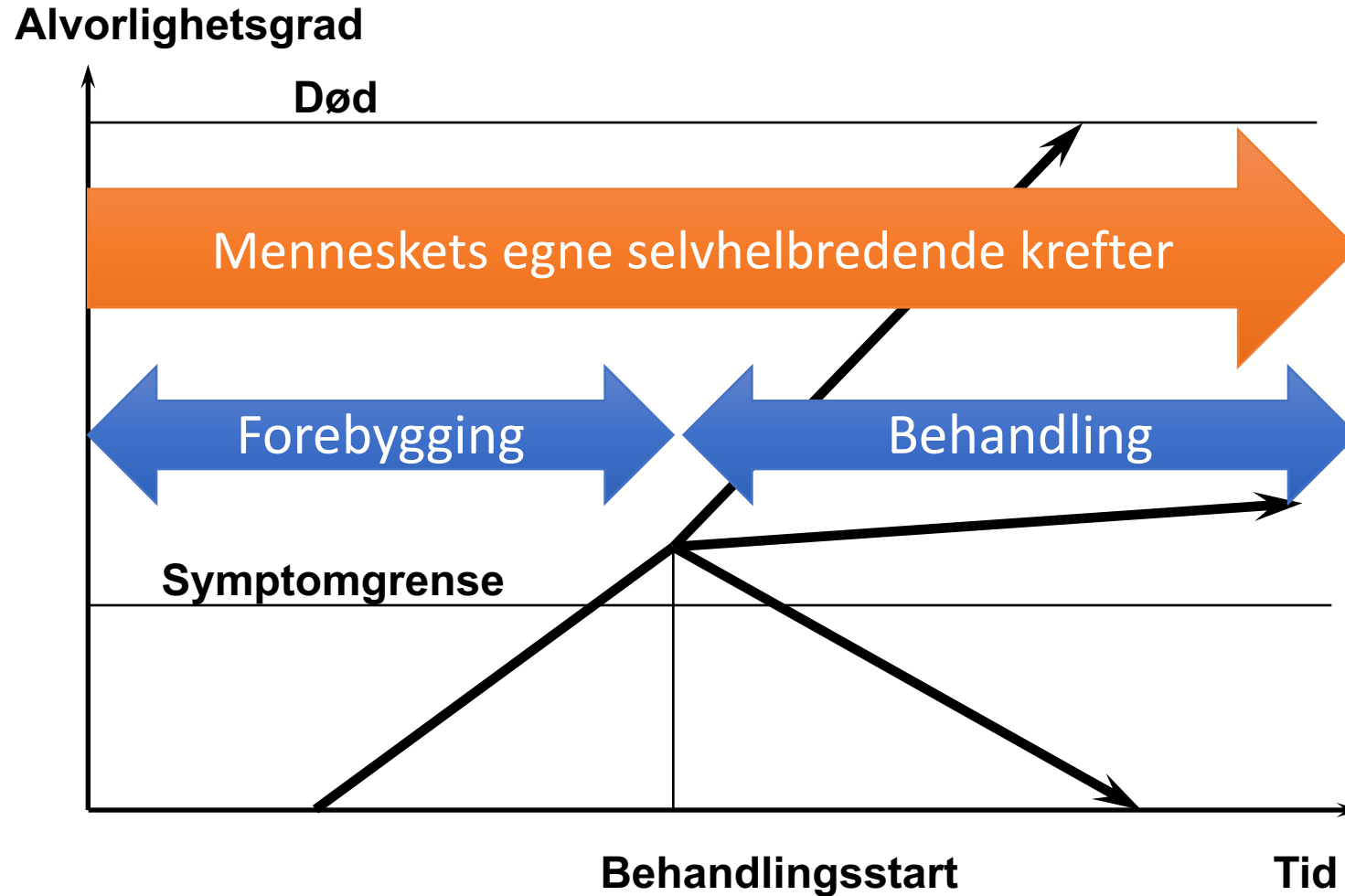


Avklar dette i grupper på tre

# Health: Is 'New Age' Medicine Dangerous Territory for Christians?

With the term "New Age medicine" comes words such as reflexology, ear candling, acupuncture, Eastern mystical meditation, homeopathy, crystal energy balancing and iridology. With these, and many more, claimed methods of attaining better health and balance

# Behandling av sykdom



The essential difference between New Age thinking and Christian thinking, he says, is that Christians say, “‘Of myself I can do nothing. But in the Lord and Christ Jesus I can do everything ...’ New Age teaches, ‘There is a personal power within me which if properly tapped will permit me to do anything.’”

New Age medicine, Handysides says, is often a pantheistic type of package. “It’s putting God into created objects rather than [realizing it’s] God who created them. It’s deifying.”

Most New Age remedies are based in theories of lines of force, or powers within, he says. “They reject the concept that God formed man of the dust of the earth and breathed into his nostrils the breath of life. ... Because Mother Earth is power and force, the force comes within us, its as though we formed ourselves. ... This is everywhere you look today.”



Er dere enig med Handysides?